

Week ending Friday _____ 20__

P E R S I S T

<u>Month/Year</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Early AM 5.30-8.30	Weights Plan Kids to school	Run Next I.T.	Stretch	Weights	Run Scoreboard		
Morning 8.30-12	Administration	Sales phone calls	Monthly Client Meetings	Face to face sales &/or sales phone calls	Sales & Marketing Meeting	Kids Sport	Church
Lunch Block 12-1.00	Lunch & Buffer	Lunch & Buffer	Lunch & Buffer	Lunch & Buffer	Lunch		
Afternoon 1.00-5.30	Urgent Crises Fire Fighting stuff	Clients x 4	Monthly Client Meetings	Urgent Crises Fire Fighting stuff	Marketing Strategy Weekly Review – R3	Friends & Family	
Evening 5.30-9.30	Reading Travel	Group Presentation	Daily Review Travel	Daily Review Travel	Travel Social	Friends & Family	
Ideal							

